

Term 3 Week 6 Monday 25th August 2025

A NOTE FROM THE PRINCIPAL;

As we progress through the term, I am filled with pride at the achievements and growth of our students and staff. Our commitment to fostering a supportive and inclusive learning environment continues to be our top priority.

What a busy few weeks we have had! We recently celebrated Education Week, showcasing our students' incredible potential through cooking, art, and sport. It was wonderful to see their creativity and enthusiasm on full display.

Our students also represented us proudly at the Zone Athletics Carnival. Everyone gave their best effort, and we were thrilled to bring home a third-place ribbon in the Small Schools Relay—a fantastic achievement!

Additionally, we joined our friends at Naradhan for a Creative Arts Day, fostering collaboration and artistic expression across our communities.

Looking ahead, we are excited to welcome friends from Naradhan, Tallimba, and Weethalle to our school on Thursday for a Science Day with Sally from the Lake Cowal Conservation Centre (LCCC). Mrs Maier has also planned an excursion to the Temora Rural Museum as part of History Week, offering our students a hands-on learning experience. Meanwhile, we continue to develop our tennis skills on Fridays in preparation for our Year 4 students to participate in the Todd Woodbridge Cup in Week 8.

I am also pleased to share that I will continue in the role of relieving principal until the end of the year. I look forward to continuing to work with our wonderful school community to support our students' learning and growth.

Thank you all for your ongoing support as we continue to provide enriching opportunities for our students.

Belinda Haworth
Relieving Principa



DESIRE TO DO WELL

CONTACT US:

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BARMEDMAN PUBLIC SCHOOL

DESIRE TO DO WELL

DATES TO REMEMBER

Week 6:

Tuesday, 26th August

- Kitchen garden & cooking

Thursday, 28th August

- Sally from LCCC science day visit

Week 7:

Monday, 1st September

- Mobile Roaming Dentist Visit

Wednesday, 3rd September

- 1/2 Day Show Public Holiday

Thursday, 4th September

- Principal Meeting West Wyalong
- School Support Recognition Day
- Kitchen garden & Cooking

Friday, 5th September

- Temora Rural Museum Visit

Week 8:

Wednesday, 10th September

- Year 4 Maths Olympiad

Thursday, 11th September

- Kitchen garden & Cooking

Friday, 12th September

- Mobile Library Visit
- Year 4 Todd Woodbridge Cup West Wyalong

**Our attendance has
had a strong start
this term**

We want to say a big

“Well done!”

to all students.

Your attendance this term is at 97%!

Great job!

Let's keep up the good work and
finish the term strong!

Remember, being at school every
day helps you learn and have fun
with your friends.

Attendance reward excursion to
Junee Chocolate factory on
Friday 26th September

ATTENDANCE MATTERS



Every school day counts BUT every minute is equally important!

BARMEDMAN PUBLIC SCHOOL

2026 ENROLMENTS



NOW OPEN

ORIENTATION DAYS

These days introduce your child to the school routines and they get to be apart of our school community! Learn daily routines and get comfortable and confident in their new learning environment!

Week 2: Thursday 23rd October 9am - 2pm

Week 3: Thursday 30th October 9am - 2pm

Week 4: Monday 3rd to Wednesday 5th November 9am - 2pm

Week 5: Thursday 13th November 9am - 2pm

Week 6: Wednesday 19th November 9am - 2pm

Week 7: Wednesday 26th November 9am - 2pm



DESIRE TO DO WELL

Education Week



BOOK WEEK



Naradhan Creative Arts Day



Mini Pizza's



Ingredients

- 4 English muffins, split
- ½ cup pizza sauce
- 2 cups shredded mozzarella cheese
- 16 slices pepperoni sausage

Directions

Step 1: Gather all ingredients. Preheat the oven to 375 degrees F (190 degrees C).

Step 2: Arrange the English muffin halves cut-side up on a baking sheet.

Step 3: Spread pizza sauce evenly on top of each one.

Step 4: Sprinkle with mozzarella cheese and top with pepperoni slices.

Step 5: Bake in the preheated oven until cheese is melted and browned on the edges, about 10 minutes.

sushi with Glenda



From Jenn the Wellbeing Nurse

Do wellbeing nurses keep health information confidential?

Unless there is a safety concern, wellbeing nurses will get permission from the student's parent, carer or guardian, or the young person aged 14 years and older before passing on the information.

If a wellbeing nurse is concerned about the safety, welfare or wellbeing of a student or the student's family, they may need to share the details about the concern with other services. This is required by law. The wellbeing nurse may also need to discuss the concern about the student with the school principal.

Further information

Visit

www.health.nsw.gov.au/whinprogram



NSW Health



Wellbeing Nurse



The Wellbeing and Health In-reach Nurse Coordinator program is a partnership between NSW Health and the NSW Department of Education.

January 2024 © NSW Health. SHPN (HPS) 230820.

What are wellbeing nurses?

Wellbeing nurses are highly skilled and experienced nurses. They are employed by NSW Health to work in selected schools as part of the joint NSW Health and Department of Education Wellbeing and Health In-reach Nurse Coordinator program.

Wellbeing nurses work closely with school learning support and wellbeing teams and local health and community services to support students and their families with a wide range of health and wellbeing concerns.

How do wellbeing nurses support students and their family members?

Wellbeing nurses help students and their families to:

- identify their health and wellbeing needs
- connect to appropriate health and community services
- understand and use information about their health needs and healthcare options.

Wellbeing nurses do not administer medications, provide first aid medical interventions such as tube feeding or diabetes management.

Who can get support from a wellbeing nurse?

Any student enrolled at a school with a wellbeing nurse and their family.

How to get support from a wellbeing nurse?

Parents, carers or guardians can contact the school and ask to speak to the wellbeing nurse if they have concerns about their child's health and wellbeing and need information or support.

School learning support and wellbeing teams and school staff can refer students and their family to the wellbeing nurse.

Students aged 14 years and older can approach the wellbeing nurse directly to talk confidentially about their health and wellbeing concerns.

A wellbeing nurse is not at a school every day. Parents, carers, guardians and students may need to make an appointment.

Do wellbeing nurses need parental consent to see a student?

Primary school students

Wellbeing nurses will seek permission from a parent, carer or guardian if their child is referred to them or comes to them with health and wellbeing concerns.

Parents, carers or guardians can give their permission either verbally or by completing and signing a consent form given to them by the wellbeing nurse or school.

High school students

Wellbeing nurses will seek permission from a parent, carer or guardian if their child under 14 years is referred to them or comes to them with health and wellbeing concerns.

High school students aged 14 years and older can speak to a wellbeing nurse confidentially if the wellbeing nurse assesses a student mature enough to fully understand their health problems being discussed, and the support being offered.

If a wellbeing nurse assesses the student as not mature enough to understand their health problems and needs, the wellbeing nurse will seek permission from the student's parent, carer or guardian.

Wellbeing nurses always encourage and offer to support students to talk to their parent, carers or guardian about their health and wellbeing concerns.



From Jenn the Wellbeing Nurse

Dental Health



Having good oral health means having healthy teeth and gums.

Looking after your child's teeth and gums is an important part of your child's health but can be overlooked at times.

Healthy teeth and gums, enables your child to talk and eat well, whilst giving them the confidence to smile. We all over to see our children smiling 😊

Tooth decay can be extremely painful for children and can discourage speech, good nutrition, and everyday activities. It is important to encourage good dental hygiene in children and to attend regular dental check-ups.

Tooth decay and gum disease are unfortunately common in young children due to:

- Thinner enamel on infant teeth
- Undeveloped oral hygiene habits
- Food and drinks with a high sugar content

It is important to teach children good oral hygiene and encourage them to care for their teeth and gums to help avoid dental pain, infections and other health issues related to the mouth.

Common signs of tooth decay are painful teeth and mouth, refusal to eat or drink, bleeding gums, visible holes and discoloration.

Tips to encourage good oral hygiene include:

- Brushing teeth after at least twice a day for 2 minutes with an appropriate brush and paste
- Not putting your baby/toddler to bed with a bottle in their mouth
- Not putting honey or other substances onto your child's dummy
- Drinking tap water that contains fluoride – important for teeth
- Reducing the number of sugary foods and drinks, between meals
- Encouraging your child to chew their food
- Rinsing the mouth with water after eating if a toothbrush is not available
- Regular dental visits from the age of 12 months.

If you have any questions in relation to your child's dental health, please feel free to contact the school Wellbeing Nurse Jenn.



COMMUNITY NEWS

YOUTH IN AVIATION
TEMORA FLYERS INC.
Inspiring the next generation

Inspiring and educating young people about the many opportunities within the aviation industry. This event will be free for all attendees, it is common for regional communities to miss out on opportunities like this, and at Temora Flyers Inc we are dedicated to ensuring the future of aviation is promoted and the freedom of flight is shared with our youth.

SATURDAY 6 SEPTEMBER

FREE!
Family Event

The event will feature:
Young Eagle Flights - Free introductory flights for young participants.
Static Displays - Showcasing a variety of aircraft and aviation technology.
Careers Expo & Stalls - Connecting youth with industry professionals.
Aerial Displays - Exciting performances in the sky.
Food & Drinks - Available throughout the event.
Youth Made Markets - Supporting young entrepreneurs.

Harding Street,
Temora, NSW 2666

 Rob: 0478 950 002
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West Wyalong Show day

Wednesday 3rd September

SCHOOL WILL CLOSE AT 12PM

TEAM ARMSTRONG TOYOTA COOKIE DOUGH FUNDRAISER FOR COUNTRY HOPE!
LOCAL PICK UP WEST WYALONG, 8TH SEPTEMBER.

Billy G's Gourmet Cookie & Biscuit Dough

YOU ARE ONE AWESOME COOKIE!

LET'S DOUGH THIS!

 country hope

THANK YOU FOR YOUR SUPPORT! HAPPY BAKING!



RIVERINA OUTBACK RALLY

 **RRL Mobile Library**

library

Visiting
Friday 12th September
9:30am @
Barmedman Public School