Flexischools
Order Cut Off
MON-THUR
7.30AM
FRI 7.00AM

ASHTONFIELD PUBLIC SCHOOL

CANTEEN MENU and PRICE LIST

Menu Update & prices effective 30th January,2025

Our Canteen is using Eco-Friendly Packaging Lets reduce the waste

Re Usable *Lunch Bags $ 10.50

BIRTHDAY BUCKETS

Order required TWO weeks in advance

20 x Berri Quelch $1 $19.00
30 x Berri Quelch $1 $22.00
20 x Juicy Tubs $34.00
30 x Juicy Tubs $44.00

The Birthday child receives a Wrist Band with Happy Birthday written on it

*** Please ensure your child has cutlery ***

Cutlery is ONLY supplied with meals that are ordered from the Canteen

☺ Means I am a Healthy Choice
GF Means I am Gluten Free
V Means I am Vegetarian

Fruit & Veg

V GF ☺	Fresh Fruit Apples / Oranges	$	1.80
V GF ☺	Fruit Cups Small $2.00	$	3.00
V GF ☺	Fruit Cups (with Yoghurt)Extra	$	1.00
V GF ☺	Vegetable Sticks/ Crackers	$	2.00
	(with Cream Cheese, Dip or Hommus)		

Salad

All Salads are ☺ & GF

V	Salad	$	5.50
	Ham & Salad	$	6.50
	Chicken & Salad	$	6.50
	Tuna & Salad	$	6.50

Salad consists of

(lettuce, Carrot, Cucumber, tomato beetroot, cheese, pineapple & egg)

Sandwiches

All sandwiches are ☺
GF *ONLY if ordered on Gluten free bread*

	Vegemite	$	2.50
GF	Cheese	$	2.80
	Cheese & Vegemite	$	3.00
GF	Cheese & Tomato	$	3.00
GF	Egg	$	3.80
GF	Egg & Lettuce	$	4.30
V GF	Salad	$	4.30
GF	Ham	$	3.20
GF	Ham & Cheese	$	3.80
GF	Ham & Salad	$	5.40
GF	Chicken	$	4.50
GF	Chicken & Salad	$	5.80
GF	Tuna	$	4.50
GF	Tuna & Salad	$	5.80

All sandwichws made on Wholemeal Bread
~ Please indicate for White Bread

Gluten Free *Bread add* ***$1.70***

Salad consists of

(lettuce, carrot, cucumber, tomato, beetroot & Cheese)

For a ***WRAP*** *add* ***60c***

For ***Toasted*** *add 3* ***0c***

Extras *add* ***60c*** *each*

DON'T FORGET LUNCH ORDER CUT OFF
MON - THUR CUT OFF 7.30AM
FRI 7AM

Hot Food

☺	Beef Burger *(beef pattie, lettuce - Tomato OR BBQ sauce)*	$ 5.20
V ☺	Vegeburger *(vege pattie, lettuce - tomato OR BBQ OR Mayonnaise sauce)*	$ 5.70
☺	Cheese Burger *(beef pattie, lettuce, cheese - Tomato OR BBQ sauce)*	$ 5.70
☺	Works Burger *(as above plus tomato, cucumber, carrot & beetroot)*	$ 6.00
☺	Flame Grilled Chicken Breast on Roll or Wrap (lettuce,mayo)	$ 5.70
	Ham OR Chicken Toasted Pocket (with cheese and BBQ sauce)	$ 4.00

	Meatball Sub w Cheese	$ 5.50
	Party Pie	$ 2.80
	Large Pie	$ 3.80
	Sausage Roll	$ 3.80
V	Spinach & Ricotta Roll	$ 4.00
GF ☺	Tomato Squeezy Sauce	$ 0.50
	BBQ Squeezy Sauce	$ 0.50

GF ☺	Fried Rice	$ 5.20
☺	Lasagne	$ 5.20
☺	Macaroni & Cheese	$ 5.20
	4 x Nuggets & 1 x Corn	$ 4.80
GF	GF Nuggets x 4 & 1 x Corn	$ 5.70
GF	Nachos & Salsa	$ 5.30
	2 x Garlic Bread Slices	$ 0.80
GF	1 x Corn Kernals	$ 0.80

Daily Meal Deals

Daily Meal Deals available on nominated days ONLY

1. All Meal Deals come with Piece of Fruit ***OR*** Fresh Fruit Cup/Carrot Sticks ***OR*** Popcorn.

2. Also Juice ***OR*** Milk ***OR*** Water.

Please indicate **1.** and **2.** when ordering.

		Deal $	Individual $
MONDAY ~	Flame Grilled Chicken Wrap *(with Lettuce & Mayo)*	$ 8.90	$ 5.70
TUESDAY ~	Chicken OR Beef OR Cheese Burger	$ 8.90	$ 5.70
WEDNESDAY ~	Diced Chicken and Salad Tub	$ 8.90	$ 6.50
THURSDAY ~	Meatball and Nepali Sauce Sub	$ 8.90	$ 5.50
FRIDAY ~	Lasagne and Garlic Bread	$ 8.90	$ 5.90

Snacks

☺	Healthy Snack Tubs	$ 3.50
	Bread Sticks with Vegemite	$ 0.40
	Pikelets with Butter	$ 0.40
	Toasties *(Spinach & Cheese, Ham & Cheese & Carrot, Spinach & Cheese)*	$ 0.60
GF ☺	Carrot Sticks	$ 0.60
GF ☺	Popcorn	$ 0.60
GF ☺	Yoghurt *(mixed flavours)*	$ 1.50
GF ☺	Snaps	$ 2.00
GF ☺	Red Rock Deli *(plain)*	$ 2.00
☺	Muffin Apple & Cinnamon	$ 2.20
☺	Muffin Blueberry	$ 2.20

Frozen Treats

GF ☺	Frozen Fruit Sticks	$ 1.80
GF ☺	Frozen Pineapple Ring	$ 0.80
GF ☺	Juicy Tubes	$ 1.80
GF ☺	Slushies	$ 1.80
GF ☺	Bulla Vanilla Ice Cream Cup	$ 1.80
GF ☺	Frozen Yoghurt Drops	$ 0.30
	Milo Pops & Pineapple Pops	$ 0.60
	Paddle Pops *(choc&rainbow)*	$ 1.80

DRINKS

☺ GF	300ML Plain Milk	$ 2.50
	*(with choice of **Sipahh Straw**)*	$ 2.80
GF	300ml Chocoalate Milk	$ 2.80
GF	300ml Strawberry Milk	$ 2.80
☺ GF	600ml Water	$ 2.00
GF	200ml Apple Juice	$ 1.80
GF	200ml Orange Juice	$ 1.80
	250ml Up & Go *(Choc or Vanilla)*	$ 2.50
	Hot Chocolate ***OR*** Milo	$ 2.20

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