



NEWSFLASH

TERM 4, WEEK 2 2025

A huge thank you to our school community for supporting the Year 6 Mini Fete last Thursday. Mrs Edwards and the students did a wonderful job organising and hosting the activities. It was a fantastic afternoon, and we are very grateful to the parents of Year 6 for supporting their children and to our parent helpers who served hotdogs and drinks.

We are waiting on another design for the APS polo shirt. This may delay the sharing of the proposed designs and distribution of the voting poll. This is an important decision that we do not want to rush into without considering all options. If you wish to present your own design ideas, please do so at tonight's P&C meeting, which will be held in the APS staffroom at 6pm.

Over the coming weeks, we will be sharing photos from the Mini Fete and Grandparents' Breakfast. If family members wish to view these photos, they can access school newsletters via the school's website. Search Aberdeen Public School.

We are also grateful for the support shown to Where There's A Will on Wednesday for Colour Your Threads Day. The school was a sea of colour on Wednesday and the smiles were plentiful. Thank you to everyone who helped the students raise \$149.00 for the charity.



IMPORTANT DATES

- **Monday 27th October** - P&C Meeting 6.00pm
- **Monday 27th October to Friday 7th November**
 - Intensive Swimming Year 2-6
- **Monday 27th October to Tuesday 4th November**
 - K- 1 Water Awareness
- **Friday 31st October** - Busy Bees Kinder Transition
- **Thursday 13th November** - Year 5 Minute to Win It
- **Friday 21st November** - Celebration Assembly



AWARD RECIPIENTS

WEEK 1

K Lime	Khiro M.
1/2 Indigo	Olivia B.
1/2 Blue	William H.
3/4 Black	Alannah H.
5/6 Magenta	Nash A.
5/6 Green	Jett P.

EXCELLENCE AWARD

Jax A.
Elijah A.

Not returning in 2026?

If your child is in Kinder - Year 5 and is not returning to APS in 2026, please inform the school office as soon as possible so we can consider this when allocating classes.



Our Canteen will be offering Zooper Doopers for just \$1.00 on Wednesdays throughout Term 4 starting 12th November

ZOOPER DOOPER

Good for kids good for life

Sleep for Growing Kids

Proper sleep is essential for children's health and growth. It helps them think clearly, manage their emotions, and develop well.

School-aged children need 9-11 hours of sleep each night. Getting enough good-quality sleep helps support their health and wellbeing.

Here are some simple tips to help your child sleep well:

- Keep a regular bedtime routine - for example, dinner, brush teeth, then read a book before bed.
- Use calming activities to wind down, like turning off lights, listening to calming sounds, or using a weighted blanket.
- Turn off screens - TV, tablets, phones at least one hour before bedtime.
- Be active during the day and spend time outdoors to help improve sleep quality.

Hunter New England Local Health District HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

Come along to the P&C Meeting to discuss the proposed new school polo shirt design

P&C ASSOCIATION MEETING

MONDAY 27TH OCTOBER 2025 6.00PM STAFFROOM

GROUNDING IN COUNTRY